Fearon Community Association

2024-25 Annual Report

"Fearon Hall is a hub of belonging, support, and opportunity that we build together."

This year at Fearon Hall has been marked by events that capture the essence of our community, including vegan pop-up evenings, Rafters music, cultural celebrations and health partnership activities. These moments highlight the strength we find in coming together.

In a time when global and local challenges risk dividing communities, Fearon Community Association continues to celebrate diversity and foster connection. As Trustees. we have strengthened governance and fundraising to ensure resilience and impact for the future.

As I step down from the Board later this year, I am proud that the Association lives "community" through action. Our success is the result of dedicated staff, volunteers. and partners, whose contributions we celebrated at the Big Thank You Volunteer event in June.

As Coretta Scott King reminds us, "The greatness of a community is most accurately measured by the compassionate actions of its members." It is this compassion that continues to sustain and define Fearon Community Association.

The Chair

Rosanna Cant



11,707 Visitor sign-ins to our café



Subsidised Good Grub meals



35,121



3612 Volunteer served hours



Free meals for volunteers



Gifted meals to the most vulnerable



768 Users of our social

supermarket



Attendees to FCA led activities



19,919

People attending community groups. clubs, societies and faith groups



Attendees to training sessions and meetings



1645

People attending exercise classes



2155

Community room hire bookings



Items fixed at repair cafés



People trained in CPR and defib



Community gardening sessions



Community parties

"This has been a solid year for the Association."

We have seen a rise in room hire income, and the café continues to increase its sales. However, slightly less grant funds received in the year has meant that total income was about the same as the year before.

We managed to reduce expenditure compared to the previous year, most notably on repairs and maintenance, class and group expenses, and on the salary for an Assistant Manager. Operating without this role has meant increased workload for the existing staff, and they all deserve much praise for maintaining such an excellent standard of service.

As we enter the final year of the current Community Fund grant, work is underway to secure the further funding required to keep us operating with the same (if not better) levels of service.

We greatly appreciate funding and support from









Financial Overview

Michael Welbourne

BALANCE SHEET As at 31 March 2025		2025		2024	
Fixed Assets		14014		28168	
Current Assets	Debtors Cash Bank	12868 1123 93519		3245 2019 43101	
		107510		48365	
Creditors	Due within 1 period	27990	79520	16029	32336
Total Net Assets			93534		60504
Provisions for Liabilities and Charges			2770		1216
Total Assets Less Current Liabilities			90794		59288
Unrestricted Funds	Accumulated Fund		90794		59288

Full accounts available on request

Anand Mangal Community Lunch

Every Monday:

· Anand Mangal Ladies Group

> Communities Food and Wellbeing Hub Asthma Clinic

Mollys Gift Kids Easter Programme

Every Tuesday:

- · café in the Hall
- . Knit & Natter
- · Over 55s Dance
- · Surplus Food Supermarket

LCFC Then, Now, Forever Dementia Event

Leicestershire Police Beat Surgery

Every Wednesday:

- · Café in the Hall
- · Good Grub Social Lunch
- · Stitch Club
- · Equality Action Ladies Group
- · Feldenkrais

Charnwood Time Bank Skills Swap

Every Thursday:

- · Café in the Hall
- · Bingo in the Hall
- · Wellness Walk and Talk
- · Grief Café
- Nuerodiverse Gaming Group

Vegan Bistro: A Taste of South Africa

Asylum & Refugee Forum meeting

> National Diabetes Prevention Programme

Every Friday:

- · Café in the Hall
- · Good Grub Breakfast Club
- · Music, Movement, Wellness
- · Surplus Food Supermarket

Vegan Weekend Breakfast,

Community Impact

Fearon Hall continues to serve as a vital heartbeat of the Loughborough community. A place where connections are made, wellbeing is supported, and inclusion thrives. The impact we've had this year is woven through stories of transformation, partnership, and progress. Our service users report feeling more connected or less isolated and said Fearon Hall had a positive impact on their mental wellbeing.

"It's a rare space where older men can gather comfortably, enjoy conversation, and not feel rushed."

May

M

Every Tuesday:

- · Café in the Hall
- · Over 55s Dance
- · Surplus Food Supermarket

Princes Trust 12 week programme begins

Every Monday:

· Anand Mangal Ladies Group

- · Knit & Natter

Every Wednesday:

- · Café in the Hall
- · Good Grub Social Lunch
- · Stitch Club
- · Equality Action Ladies Group
- · Feldenkrais

oral care training for carers

> Charnwood Time Bank Skills Swap

Mollys Gift Kids Half term Programme

Local Election Polling Station

Vegan Bistro: A Taste of Korea

Every Thursday:

- · Café in the Hall
- · Bingo in the Hall
- · Wellness Walk and Talk
- · Grief Café
- · Nuerodiverse Gaming Group

Every Friday:

- · Café in the Hall
- · Good Grub Breakfast Club
- · Music, Movement Wellness
- · Surplus Food Supermarket

Recovery Evening

National Diabetes Prevention Programme

Vegan weekend Breakfast

> Youth Alive conference

Combating Loneliness and Isolation

Fearon Hall offers a warm, welcoming space where individuals who feel isolated find belonging. Local coordinators have shared that many residents who avoid other centres feel at home here, allowing hard-to-reach individuals to engage with support services in a safe, friendly environment and the Café in the Hall.

June

M

Anand Mangal Community Lunch

Every Monday:

· Anand Mangal Ladies Group · Grow Fearon Hall Community Growing Project

Every Tuesday:

- · Café in the Hall
- · Knit & Natter
- · Over 55s Dance
- · Surplus Food Supermarket

starts

Safe Space Euro 24 Football

Every Wednesday:

- · Café in the Hall
- · Good Grub Social Lunch
- · Stitch Club
- · Equality Action Ladies Group
- · Feldenkrais

Oral care training for carers

Do Good to Feel Good Volunteering Event

Charnwood Time Bank Skills Swap

Every Thursday:

- · café in the Hall
- · Bingo in the Hall
- · Wellness Walk and Talk
- · Grief Café
- · Nuerodiverse Gaming Group

Vegan Bistro: A Taste of the 70's

> Safe Space Euro 24 Football

Loughborough Mela Fundraiser

Romanian Elections weekend

> Jumble sale

Every Friday:

- · Café in the Hall
- · Good Grub Breakfast Club
- · Music, Movement Wellness
- · Surplus Food Supermarket

Vegan Weekend Breakfast

Supporting Physical and Mental Health

Fearon Hall is described as a "lifeline" by local health leads. One woman in crisis found long-term support at the Hall, resulting in fewer hospital visits and a renewed sense of stability and belonging. Working together with the Mental Health Neighbourhood Lead Charnwood Leicestershire Partnership NHS Trust: Communities Health and Wellbeing Hub (who have a base at the Hall); local GP practices; the Team Leader for Charnwood Local Area Coordinator for Loughborough LCC Public Health.

"I really look forward to these sessions. What a brilliant way to end the week."

July

Anand Mangal & Princes Trust Curry & Mocktails Mela Fundraiser

Every Monday:

· Anand Mangal Ladies Group · Grow Fearon Hall Community Growing Project

Mollys Gift Kids Summer Holiday 4 week programme begins

community Sandpit opens

> Taiwanese Interns arrive for 5 weeks

for the summer

Every Tuesday:

- · Café in the Hall
- · Knit & Natter
- · Over 55s Dance
- · Surplus Food Supermarket

Every Wednesday:

- · Café in the Hall · Good Grub Social Lunch
- · Stitch Club
- · community Sand Pit
- · Equality Action Ladies Group
- · Feldenkrais

- · Café in the Hall
- · Wellness Walk and Talk
- · Grief Café
- · Community Sand Pit

General Election Polling Station

> Vegan Bistro: A Taste of Euro 2024

Every Thursday:

- · Bingo in the Hall
- · Nuerodiverse Gaming Group

Every Friday:

- · Café in the Hall
- · Good Grub Breakfast Club
- · Music, Movement, Wellness
- · Surplus Food Supermarket
- · Community Sand Pit

Family Fun Day

Vegan Weekend Breakfast

Empowering Creativity and Learning New Skills

Our Community Arts workshops support mental health recovery and community connection through creative expression. Our community arts co-ordinator works with individuals with brain injuries, neurodivergence, language barriers. Outcomes include improved motor skills, anxiety relief, confidence, and social interaction.

"It was amazing to see so many cultures together in one safe place."

2024 August

M

Every Monday:

- · Anand Mangal Ladies Group
- · Grow Fearon Hall Community Growing Project

Mollys Gift Kids Summer Holiday 4 week programme

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Every Tuesday:

- · Café in the Hall
- . Knit & Natter
- · Over 55s Dance
- · Surplus Food Supermarket
- Community
 Sand Pit

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Every Wednesday:

- · Café in the Hall
- · Good Grub Social Lunch
- · Stitch Club
- · Community Sand Pit
- · Equality Action Ladies Group
- · Feldenkrais

Digital Skills Session

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Every Thursday:

- · Café in the Hall
- · Bingo in the Hall
- · Wellness Walk and Talk
- · Grief Café
- Nuerodiverse
 Gaming Group
- · Community Sand Pit

Mendhi Celebration

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Every Friday:

- · Café in the Hall
- · Good Grub Breakfast Club
- · Music, Movement, Wellness
- · Surplus Food Supermarket
- · Community Sand Pit

Ukranian Independence Day Celebration

Anand Mangal & Brahma Kumaris Celebration

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Vegan Weekend Breakfast

Taiwanese Art & Music for all

> Transition Loughborough Repair Café

Strengthening Local Groups

Our approach values lived experience, recognising the knowledge and strengths within our community and the groups that exist there. When the Loughborough East Community Association faced closure, Fearon Hall provided vital support that encouraged them to continue.

"Fearon Hall helped showcase my work to the county. It's a hub for real inclusion."

2024 September

M 30

Charnwood Toy Library move in!

Every Monday:

· Anand Mangal Ladies Group · Grow Fearon Hall Community Growing Project

> Loughborough College ESOL classes begin!

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Every Tuesday:

- · Café in the Hall
- · Knit & Natter
- · Over 55s Dance
- · Surplus Food Supermarket
- · Community Sand Pit
- · ESOL classes

W

Every Wednesday:

- · Café in the Hall
- · Good Grub Social Lunch
- · Stitch Club
- · Community Sand Pit
- · Equality Action Ladies Group
- · ESOL classes
- · Feldenkrais

LCC Dietician Service weekly weight management Sessions start

Vegan Bistro: A Taste of Portugal

Every Thursday:

- · Café in the Hall
- · Bingo in the Hall
- · Wellness Walk and Talk
- · Grief Café
- · Nuerodiverse Gaming Group
- · ESOL classes

Every Friday:

- · Café in the Hall
- · Good Grub Breakfast Club
- · Music, Movement, Wellness
- · Surplus Food Supermarket

Loughborough Lates Art Trail

> Heritage Open Day

Lboro Earlies Family Creative Day

Asylum & Refugee Forum meeting

> Carers Shadow Puppet Workshop

S

Vegan Weekend

Incredible Edible Open Morning

Breakfast

Creating Inclusive Opportunities

Nichole Browne from the Empathy Lab Experience collaborated with us to host an accessibility workshop during the Leicester Business Festival, reaching over 1,000 local businesses and directly benefiting Hall staff new community members. A participant later returned for other events, and accessibility improvements for the Fearon Hall website are now in progress.

"I'm grateful for the help and support of you all."

October

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Anand Mangal community Lunch

Every Monday:

· Anand Mangal Ladies Group · Grow Fearon Hall Community Growing Project · ESOL classes

Every Tuesday:

- · Café in the Hall
- · Knit & Natter
- · Over 55s Dance
- · Surplus Food Supermarket
- · ESÓL classes

Every Wednesday:

Asylum

& Refugee

Drop in

sessions

start

- · Café in the Hall
- · Good Grub Social Lunch
- · Stitch Club
- · Equality Action Ladies Group
- · ESOL classes · Feldenkrais

Communities Food & Wellbeing Hub Sessions start

Incredible Edible celebration

World Mental Health Day Event

> Vegan Bistro: A Taste of Autumn

Every Thursday:

- · Café in the Hall
- · Bingo in the Hall
- · Wellness Walk and Talk
- · Grief Café
- Nuerodiverse Gaming Group · ESOL classes

Leicestershire Police Beat Surgery

Print Yourself Happy Art Group starts

Every Friday:

- · Café in the Hall
- · Good Grub Breakfast Club
- · Music, Movement, Wellness
- · Table Top Games for Men Group

Rafters Are Ringing Live Music

Divali Breakfast

Ukranian Autumn celebration

Vegan Weekend Breakfast

> Loughborough University welcome to Loughborough

Championing Asylum Seekers and Refugees

Fearon Hall has become a pivotal meeting point for services supporting local asylum seekers and refugees. From free meeting space to kitchen access, it anchors collaboration across 50 organisations, including the NHS, local councils, and grassroots charities. These connections contributed to policy input at national levels, including Baroness Lister's Private Member's Bill. "Before I started coming to Fearon Hall, I barely left the house. Now I volunteer weekly and have made real friends."

2024 November

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· Café in the Hall

Every Tuesday:

- · Knit & Natter
- · Over 55s Dance
- · Surplus Food Supermarket
- · ESOL classes

Leicestershire

Police

Beat Surgery

Every Monday:

Anand Mangal

Community

Lunch

· Anand Mangal Ladies Group · Grow Fearon Hall Community

Growing Project

· ESOL classes

Fearon Hall Presentation to NHS ICB W

Every Wednesday:

- · Café in the Hall
- · Good Grub Social Lunch
- · Stitch Club
- · Equality Action Ladies Group
- · ESOL classes
- · Feldenkrais

Communities Food and Wellbeing Hub Menopause Clinic & Escaping Pain Management

Communities Food and Wellbeing Hub Escaping Pain Management

National Diabetes Prevention Programme Т

Every Thursday:

- · Café in the Hall
- · Bingo in the Hall
- . Wellness Walk and Talk
- · Grief Café
- Nuerodiverse Gaming Group
- . ESOL classes

RADAR Arts Bean Banquet

Vegan Bistro: A Taste of Egypt

> Romanian Elections

Communities Food and Wellbeing Hub Asthma Clinic

> Defib & CPR Training Sessions

F

Every Friday:

- · Café in the Hall
- · Good Grub Breakfast Club
- · Music, Movement, Wellness
- · Table Top Games for Men Group
- · Print Yourself' Happy Arts

Fearon Community Christmas Tree Making Project

> Romanian Elections

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Vegan Weekend Breakfast S

Offering Meaningful Volunteering

Building on our reflections from last year and the acknowledgment that we would like to deliver new projects that volunteers can help with, we have strengthened our team with a Community Centre Support Assistant and a worker with experience in delivering activities and working with volunteers. We are in the process of reviewing all areas of our volunteering programme. We currently have nine regular volunteers.

"By working together as partners, we can make a real difference in the lives of people experiencing loneliness in Charnwood."

2024 December

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Every Monday:

- · Anand Mangal Ladies Group
- Grow Fearon Hall Community Growing Project ESOL classes

Anand Mangal Community Lunch

Afghanistan Dress of Dreams Exhibition

Defib & CPR Training Sessions

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Every Tuesday:

- · Café in the Hall
- · Knit & Natter
- · Over 55s Dance
- Surplus Food
 Supermarket
- · ESOL classes

W

Every Wednesday:

- · Café in the Hall
- · Good Grub Social Lunch
- · Stitch Club
- · Equality Action Ladies Group
- · ESOL classes
- · Asylum & Refugee Drop In
- · Feldenkrais

Falls Prevention Workshop

Grood Grub Club Christmas Dinner

Fearon Christmas Party

Café in the Hall Christmas Breakfast & Dinner

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Every Thursday:

- · Café in the Hall
- · Bingo in the Hall
- · Wellness Walk and Talk
- · Grief Café
- · Nuerodiverse
 Gaming Group
- · ESOL classes
- Charnwood Food
 Wellbeing Hub

Vegan Bistro: A Taste of Christmas Curry

Charnwood Food & Wellbeing Hub Festive Health and Wellbeing /

F

Every Friday:

- · Café in the Hall
- · Good Grub Breakfast Club
- · Music, Movement, Wellness
- · Table Top Games for Men Group
- · Arts in the Hall

Eco-Friendly Gift Wrapping

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Partnership Working

We continue to build strong, meaningful partnerships with local organisations which have strengthened the safety net around the most vulnerable in our area, allowing us to:

- Align with local priorities and reduce duplication of effort.
- Refer people into other services such as debt advice, housing support, hoarding help, referral to social services, social worker support, help with medical appointments, dental appointments access to schools.
- · Host joint events and activities.
- Share resources and learning to achieve more together.

"We have been able to gain valuable insight into new ways of working for the most vulnerable members of our community."

2025 January

New Arts in the Hall sessions start

Anand Mangal Community Lunch

Every Monday:

- · Anand Mangal Ladies Group · Grow Fearon Hall Community
- Growing Project
 ESOL classes

Every Tuesday:

- · Café in the Hall
- . Knit & Natter
- · Over 55s Dance
- · Surplus Food Supermarket
- · ESOL classes
- · Arts in the Hall

W

Every Wednesday:

- · Café in the Hall
- · Good Grub Social Lunch
- · Stitch Club
- · Equality Action Ladies Group
- · ESOL classes
- · Voices in Craft Art Sessions
- · Asylum & Refugee Drop In
- · Feldenkrais

National Diabetes Prevention Programme

> Falls Prevention Workshop

Loughborough Archeological & Historical Society Lecture

Police & Crime Commissioners meeting

Every Thursday:

- · Café in the Hall
- · Bingo in the Hall · GP Led Wellness
- Walk and Talk
- · Grief Café
- Nuerodiverse Gaming Group
- · ESOL classes
- Charnwood Food
 Wellbeing Hub

Leicestershire Police Beat Surgery

Every Friday:

- · Café in the Hall
- · Good Grub Breakfast Club
- Music, Movement, Wellness
- Table Top Games for Men Group
 Arts in the Hall
 - Local Area Co-ordinator Drop in

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Vegan Weekend Breakfast

Book Launch Event

Monitoring Impact

We are piloting a new framework that will reduce the burden of data collection and establish a consistent documented approach. Data that can be aggregated to provide rich insights in the operation and impact of our projects and explore how diversity and demographic data can be integrated. This will ensure consistent, usable informative data that informs ongoing delivery and future planning and ensure project objectives and organisational objectives are met.

"Fearon Hall and its team are an instrumental part of the local community."

2025 February

M

Anand Mangal Community Lunch

Every Monday:

- · Anand Mangal Ladies Group
- Grow Fearon Hall Community Growing Project ESOL classes

Charnwood Toy Library Opens

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Every Tuesday:

- · Café in the Hall
- · Knit & Natter
- · Over 55s Dance
- · Surplus Food Supermarket
- · ESOL classes
- · Arts in the Hall

CBC Financial Capability Workshop

CBC Financial Employability Workshop

CBC Financial Capability Workshop

W

Every Wednesday:

- · café in the Hall
- · Good Grub Social Lunch
- · Stitch Club
- · Equality Action Ladies Group
- · ESOL classes
- Voices in Craft Art Sessions
- · Asylum & Refugee Drop In
- · Toy Library
- · Feldenkrais

Good Grub Valentines Lunch

National Diabetes Prevention Programme

Т

Every Thursday:

- · Café in the Hall
- · Bingo in the Hall
- · GP Led Wellness Walk and Talk
- · Grief Café
- · Nuerodiverse Gaming Group
- · ESOL classes
- Charnwood Food
 Wellbeing Hub

Vegan Bistro: A Taste of The Deep South

Charnwood Food & Wellbeing Hub Managing Your Money

F

Every Friday:

- · Café in the Hall
- · Good Grub Breakfast Club
- · Music, Movement, Wellness
- · Table Top Games for Men Group
- · Arts in the Hall

Climate & Nature Meeting

> Local Area Co-ordinator Drop in



Lessons Learned

This year, we've learned that:

- Co-design is crucial services work best when people shape them.
- Consistency matters trusted relationships form when people know we're here, week in, week out.
- Small interventions have big ripple effects – a conversation, a creative outlet, a meal can be life-changing.
- Partnerships need time and trust our best joint work has grown from strong, values-based relationships.

"We're proud of what's been achieved – and excited for what's next."

2025 March

Anand Mangal Community Lunch

> International Women's Day Celebration

Every Monday:

- · Anand Mangal Ladies Group
- · Grow Fearon Hall Community Growing Project
 - ESOL classes
 - · Toy Library

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Every Tuesday:

- · Café in the Hall
- · Knit & Natter
- · Over 55s Dance
- Surplus Food
 Supermarket
- · ESOL classes
- · Arts in the Hall

CBC Financial Employability Workshop

CBC Financial Employability Workshop

CBC Financial Capability Workshop W

National Diabetes Prevention Programme

Every Wednesday:

- · Café in the Hall
- · Good Grub Social Lunch
- · Stitch Club
- · Equality Action Ladies Group
- · ESOL classes
- · Voices in Craft Art Sessions
- · Asylum & Refugee Drop In
- · Toy Library
- · Feldenkrais

Home Ed Group begins Т

Every Thursday:

- · Café in the Hall
- · Bingo in the Hall
- · GP Led Wellness Walk and Talk
- · Grief Café
- · Nuerodiverse Gaming Group
- · ESOL classes
- · Charnwood Food & Wellbeing Hub Say No to Diabetes

Charnwood Food & Wellbeing Hub Wellbeing Morning

Incredible Edible Fermented Food Workshop F

Climate & Nature Meeting

Transition Loughborough Repair Café

> Young People Art Club

Every Friday:

- · Café in the Hall
- · Good Grub Breakfast Club
- · Music, Movement, Wellness
- · Table Top Games for Men Group
- · Arts in the Hall

Local Area Co-ordinator Drop in S

Toy Library

Vegan Weekend Breakfast

Next Steps

Looking ahead, we will continue in:

- Developing our growing groups and increasing access to free or affordable food.
- Strengthening partnerships across
 the borough, including with our local
 GP surgery to align activities with
 the particular mental health needs in
 our area. We will also continue to
 develop more targeted community
 led projects that address the
 increasing issue of loneliness and
 social isolation as outlined in the
 local federation of GPs Community
 Health and Wellbeing plan.
- Listening to our community and co-creating solutions.







