# Fearon Hall Regular What's On Oct-Dec '24

### Monday

#### 9.30am-12.30pm

 Loughborough College Community ESOL To enrol contact Beverley Gray on 07483 357218

#### 10am-12noon

• Anand Mangal Ladies Group Welcoming ladies group for all

## First Monday of the month only 12noon-1pm

• Asian Café Community Lunch £5 per person

### Tuesday

#### 9am-2pm

#### • Café in the Hall

Good food, a warm space and a friendly welcome

#### 9am-1.30pm

• Community Wellbeing Hub Health outreach activities from Bridge Street Medical Practice. Referrals only, Call 01509 261843

#### 9.30am-12.30pm

 Loughborough College Community ESOL See Monday for enrolment details

#### 10am-12noon

• Knit & Natter Friendly knitting group

#### 10.30am-11.30am

• Over 55s Dance Class For more info contact Moving Together on 0116 482 9233

#### 12noon-2pm

 Good Food Doing Good Surplus Grocery Pop-up Store £4 per bag

#### 1pm-2pm

• Bingo

50p a ticket or £2.50 for a strip of 6 Prizes for a line and a house

### Wednesday

#### 9am-2pm

• Café in the Hall Good food, a warm space and a friendly welcome

#### 10am-12noon

• Stitch Club Friendly sewing group

#### 10am-12noon

• Sewing & Knitting Group for Women During term time, delivered through the Equality Action EmpowHER project For more info email: minara@equalityaction.org.uk

#### 10am-3pm

Loughborough College
Community ESOL

See Monday for enrolment details

#### 12.30pm

• Good Grub Lunch Club £4 for a meal and a drink Add a pudding for £1

#### 6.30pm - 7.30pm

• Feldenkrais Learn to move with ease with Bruno £7 per session

### Thursday

#### 9am-2pm

• Café in the Hall Good food, a warm space and

a friendly welcome

#### 9am-1pm

• Community Wellbeing Hub Health outreach activities from Bridge Street Medical Practice. Referrals only, Call 01509 261843

#### 10am-3pm

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See Menday for enrolment dot:

See Monday for enrolment details

#### 10.30am

Bingo

50p a ticket or £2.50 for a strip of 6 Prizes for a line and a house

#### 11am-12noon

### Friday

#### 9am-2pm

• Café in the Hall Good food, a warm space and a friendly welcome

#### 9am-11am

• Good Grub Breakfast Club Great value cooked breakfast for £4

#### 11am-12noon

• Music, Movement, Wellness Low impact workout

#### 11am-12noon

• Table Top Games Group for Men Free play and chat for men from the Better Mental Health initiative

#### 12am-1.30pm

• Art in the Hall Varied arts activities by our resident artist Jacqui

### Saturday

### 10am-12noon

- Molly's Gift
- Saturday Club for 5-11 year olds For info email: info@mollysgift.com

#### First Saturday of the month only 9am-2pm

• The Weekend Vegan Café Vegan breakfast goodies

### Hall for Hire

We're available for hire 7 days a week for children's parties, private parties, corporate events, wedding receptions, celebrations and wakes. Contact the office on 01509 230 629 or e: bookings@fearonhall.org.uk





Scan for more one-off events and activities

Check out our website and social media for latest news and special one-off events, or just pop in for a cup of tea and a chat!

Fearon Community Association Fearon Hall Community Centre Rectory Road, Loughborough, LE11 1PL

t: 01509 230629 e: office@fearonhall.org.uk

Wellness Walk & Talk

Conversation and exercise for wellbeing

#### 1pm-3pm

Grief Café

For adults who have lost a loved one

#### 2pm-4pm

• Neurodiverse Gaming Group Referrals only - please contact the Fearon Hall office

#### 3.15pm-4.15pm

• Love4Life

Empowering relationships for girls Referrals only - please visit www.love4life.charity





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