



**CAFÉ  
IN THE  
HALL**

**Good Food  
Doing Good**

# Grief Café

For adults  
who have lost  
a loved one

Thursdays, 1pm-3pm  
Café in the Hall at Fearon Hall  
Rectory Road, Loughborough  
Free to attend

**Fearon Hall**  
Community Centre

The urban  
village hall  
in the heart  
of Loughborough

[fearonhall.org.uk](http://fearonhall.org.uk)    @fearonhall

Run by and for bereaved individuals

Facing loneliness after bereavement? Come along  
for an informal get together and meet other  
bereaved people who will understand how you feel.