

# Regular weekly what's on at Fearon Hall in February

## Monday

9.30am-12.30pm

- Loughborough College Community ESOL  
To enrol contact Beverley Gray on 07483 357218

10am-12noon

- Anand Mangal Ladies Group  
Welcoming ladies group for all

10am-12noon

- Charnwood Toy Library  
Just like a library - but with toys

First Monday of the month only

12noon-1pm

- Asian Café Community Lunch  
Vegetarian lunch for all

## Tuesday

9am-2pm

- Café in the Hall  
Good food, a warm space and a friendly welcome

9.30am-12.30pm

- Loughborough College Community ESOL  
See Monday for enrolment details

10am-12noon

- Knit & Natter  
Friendly knitting group

10.30am-11.30am

- Over 55s Dance Class  
For more info contact Moving Together on 0116 482 9233

12noon-2pm

- Good Food Doing Good Surplus Grocery Pop-up Store £4 per bag

10.30am-3pm

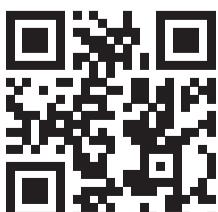
- Sewing Collective  
Womens group for learning sewing skills in a fun and friendly environment

4.30pm-5.30pm

- Stretch Balance Pilates  
Mat-based pilates classes for all abilities

4.45pm-5.45pm

- Fearon Boxing  
For boys and girls aged 9-13  
Contact Lee Harris on 07341 683510



Scan me for more activities and special one-off events

## Wednesday

9am-2pm

- Café in the Hall  
Good food, a warm space and a friendly welcome

10am-11.30am

- Stitch Club  
Friendly sewing group

10am-12noon

- Charnwood Toy Library  
Just like a library - but with toys

10am-12noon

- Voices in Craft  
Stitch, appliqué or glue textiles on to your own pre-hand made tote bag. Facilitated art group for all abilities with Harry

10am-12noon

- Knitting & Sewing with EmpowHER  
For more information email minara@equalityaction.org.uk

10am-3pm

- Loughborough College Community ESOL  
See Monday for enrolment details

12.00noon-2pm

- Good Grub Lunch Club  
£4 for a meal and a drink  
Add a pudding for £1

2pm-5pm

- Hello Help Hub  
Free drop-in for professional led help with health and social wellbeing.

6.30pm - 7.30pm

- Feldenkrais Method  
Learn to move with ease with Bruno

## Thursday

9am-2pm

- Café in the Hall  
Good food, a warm space and a friendly welcome

9am-1pm

- Community Wellbeing Hub  
Health outreach activities from Bridge Street Medical Practice. Referrals only, Call 01509 261843

10am-3pm

- Loughborough College Community ESOL  
See Monday for enrolment details

10.30am

- Bingo  
50p a ticket or £2.50 for a strip of 6  
Prizes for a line and a house

12.30pm-1.30pm

- GP Led Walk & Talk  
For mind, health and wellbeing with GPs and health care providers

2pm-3pm

- Grief Café  
For adults who have lost a loved one

2pm-4pm

- Neurodiverse Gaming Group  
Referrals only - please contact the Fearon Hall office

## Friday

9am-2pm

- Café in the Hall  
Good food, a warm space and a friendly welcome

9am-11.30am

- Good Grub Breakfast Club  
Great value cooked breakfast for £4

11am-12noon

- Music, Movement, Wellness  
Low impact workout

11am-1.30pm

- Table Top Games Group for Men  
Free play and chat for men from the Better Mental Health initiative

11.30am-1pm

- Fearon Chess Club  
With Local Area Co-ordinator Milo

12.30pm-2pm

- Inside Out Expressive Portrait Drawing  
Drawing activities facilitated by our resident artist Jacqui

Last Friday of the month only

12.30pm-2pm

- Local Area Coordinator Drop In  
Support and advice for all

4pm-5pm

- Stretch Balance Pilates  
Mat-based pilates classes for all abilities

## Saturday

First Saturday of the month only

9am-1pm

- The Weekend Vegan Café  
Vegan breakfast goodies
- Charnwood Toy Library  
Just like a library - but with toys

## Sunday

1pm-4pm

- Bike Repair Workshop  
Weekly classes and open sessions by Two Wheel Campus

## Hall for Hire

Children's parties, private parties, corporate events, wedding receptions, celebrations and wakes.



**Fearon Hall**  
Community Centre

The urban  
village hall  
in the heart  
of Loughborough