

# Regular weekly what's on at Fearon Hall in February

## Monday

9.30am-12.30pm

- **Loughborough College Community ESOL**  
To enrol contact Beverley Gray on 07483 357218

10am-12noon

- **Anand Mangal Ladies Group**  
Welcoming ladies group for all

10am-12noon

- **Charnwood Toy Library**  
Just like a library - but with toys

**First Monday of the month only**  
12noon-1pm

- **Asian Café Community Lunch**  
Vegetarian lunch for all

## Tuesday

9am-2pm

- **Café in the Hall**  
Good food, a warm space and a friendly welcome

9.30am-12.30pm

- **Loughborough College Community ESOL**  
See Monday for enrolment details

10am-12noon

- **Knit & Natter**  
Friendly knitting group

10.30am-11.30am

- **Over 55s Dance Class**  
For more info contact Moving Together on 0116 482 9233

12noon-2pm

- **Good Food Doing Good**  
**Surplus Grocery Pop-up Store**  
£4 per bag

10.30am-3pm

- **Sewing Collective**  
Womens group for learning sewing skills in a fun and friendly environment

4.30pm-5.30pm

- **Stretch Balance Pilates**  
Mat-based pilates classes for all abilities

4.45pm-5.45pm

- **Fearon Boxing**  
For boys and girls aged 9-13  
Contact Lee Harris on 07341 683510

## Wednesday

9am-2pm

- **Café in the Hall**  
Good food, a warm space and a friendly welcome

10am-11.30am

- **Stitch Club**  
Friendly sewing group

10am-12noon

- **Charnwood Toy Library**  
Just like a library - but with toys

10am-12noon

- **Voices in Craft**  
Stitch, appliqué or glue textiles on to your own pre-hand made tote bag. Facilitated art group for all abilities with Harry

10am-12noon

- **Knitting & Sewing with EmpowHER**  
For more information email minara@equalityaction.org.uk

10am-3pm

- **Loughborough College Community ESOL**  
See Monday for enrolment details

12.00noon-2pm

- **Good Grub Lunch Club**  
£4 for a meal and a drink  
Add a pudding for £1

2pm-5pm

- **Hello Help Hub**  
Free drop-in for professional led help with health and social wellbeing.

6.30pm - 7.30pm

- **Feldenkrais Method**  
Learn to move with ease with Bruno

## Thursday

9am-2pm

- **Café in the Hall**  
Good food, a warm space and a friendly welcome

9am-1pm

- **Community Wellbeing Hub**  
Health outreach activities from Bridge Street Medical Practice. Referrals only, Call 01509 261843

10am-3pm

- **Loughborough College Community ESOL**  
See Monday for enrolment details

10.30am

- **Bingo**  
50p a ticket or £2.50 for a strip of 6  
Prizes for a line and a house

12.30pm-1.30pm

- **GP Led Walk & Talk**  
For mind, health and wellbeing with GPs and health care providers

2pm-3pm

- **Grief Café**  
For adults who have lost a loved one

2pm-4pm

- **Neurodiverse Gaming Group**  
Referrals only - please contact the Fearon Hall office

## Friday

9am-2pm

- **Café in the Hall**  
Good food, a warm space and a friendly welcome

9am-11.30am

- **Good Grub Breakfast Club**  
Great value cooked breakfast for £4

11am-12noon

- **Music, Movement, Wellness**  
Low impact workout

11am-1.30pm

- **Table Top Games Group for Men**  
Free play and chat for men from the Better Mental Health initiative

11.30am-1pm

- **Fearon Chess Club**  
With Local Area Co-ordinator Milo

12.30pm-2pm

- **Inside Out**  
**Expressive Portrait Drawing**  
Drawing activities facilitated by our resident artist Jacqui

**Last Friday of the month only**  
12.30pm-2pm

- **Local Area Coordinator Drop In**  
Support and advice for all

4pm-5pm

- **Stretch Balance Pilates**  
Mat-based pilates classes for all abilities

## Saturday

**First Saturday of the month only**  
9am-1pm

- **The Weekend Vegan Café**  
Vegan breakfast goodies
- **Charnwood Toy Library**  
Just like a library - but with toys

## Sunday

1pm-4pm

- **Bike Repair Workshop**  
Weekly classes and open sessions by Two Wheel Campus

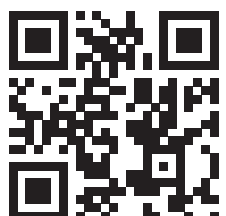
## Hall for Hire

Children's parties, private parties, corporate events, wedding receptions, celebrations and wakes.



**Fearon Hall**  
Community Centre

The urban  
village hall  
in the heart  
of Loughborough



Scan me for more  
activities and  
special one-off  
events