

What's on at Fearon Hall in August

Monday

10am-10.45am

- **Chair Yoga**
Gentle exercise for all abilities

10am-12noon

- **Anand Mangal Ladies Group**
Welcoming ladies group for all

First Monday of the month only
12noon-1pm

- **Asian Café Community Lunch**
Vegetarian lunch for all

1pm-2.45pm

- **Stay and Play (SEND focus)**
Support for young families with children aged 0-4 years

Tuesday

9am-2pm

- **Café in the Hall**
Good food and a friendly welcome

9.30am-1.30pm

- **Community Sandpit**
Open to café users

10am-12noon

- **Knit & Natter**
Friendly knitting group

10am-12noon and 2pm-4pm

- **The Bridge**
Housing support

10.30am-11.30am

- **Over 55s Dance Class**
For more info contact
Moving Together on 0116 482 9233

12noon-2pm

- **Good Food Doing Good**
Surplus Grocery Pop-up Store
£4 per bag

11.00am-3pm

- **Sewing Collective**
Womens group for learning sewing skills in a fun and friendly environment

4.30pm-5.30pm

- **Stretch Balance Pilates**
Mat-based pilates classes for all abilities



Fearon Hall
Community Centre

fearonhall.org.uk    @fearonhall

The urban
village hall
in the heart
of Loughborough

Wednesday

9am-2pm

- **Café in the Hall**
Good food and a friendly welcome

9.30am-1.30pm

- **Community Sandpit**
Open to café users
With sand sculptor Annie

10am-11.45pm

- **Stay and Play**
Support for young families with children aged 2-10 years

10am-12noon

- **Pride Banner Workshop**
Facilitated art group for all abilities with Harry

12.00noon-2pm

- **Good Grub Lunch Club**
£4 for a meal and a drink
Add a pudding for £1

26th August, 2pm-3pm

- **Leicestershire Police Beat Surgery**
Meet your local beat officers to discuss issues and concerns

2pm-5pm

- **Hello Help Hub**
Free drop-in for professional led help with health and social wellbeing

2pm-5pm

- **The Bridge**
Housing support

Thursday

9am-2pm

- **Café in the Hall**
Good food and a friendly welcome

9am-1pm

- **Community Wellbeing Hub**
Health outreach activities from Bridge Street Medical Practice.
Referrals only, Call 01509 261843

9.30am-1.30pm

- **Community Sandpit**
Open to café users

10am-12noon and 2pm-4pm

- **The Bridge**
Housing support

10.30am-11.30am

- **Bingo**
50p a ticket or £2.50 for a strip of 6
Prizes for a line and a house

12.30pm-1.30pm

- **Walk & Talk**
For mind, health and wellbeing
(Please call in advance to check the session is running - tel 01509 230629)

2pm-3pm

- **Grief Café**
For adults who have lost a loved one
(Please call in advance to check the session is running - tel 01509 230629)

2pm-4pm

- **Neurodiverse Gaming Group**
Referrals only - please contact the Fearon Hall office

Friday

9am-2pm

- **Café in the Hall**
Good food and a friendly welcome

9am-11.30am

- **Good Grub Breakfast Club**
Great value cooked breakfast for £4

9.30am-1.30pm

- **Community Sandpit**
Open to café users

10am-12noon and 2pm-4pm

- **The Bridge**
Housing support

21st August, 10am-2.30pm

- **Pre Pride Party**
Disco, bingo, sand sculpting and more

11am-12noon

- **Music, Movement, Wellness**
Low impact workout

11am-12.30pm

- **Men's Table Top Games Group**
Free play and chat for men from the Better Mental Health initiative.
Incorporating Fearon Chess Club

12.30pm-2pm

- **Summer Creative Sessions**
Peer led group. Bring your own creative project or take inspiration from prompts provided

1pm-2pm

- **Fearon Together Working Group**
Help shape the Hello Help Hub

2pm-4pm

- **Cuppas for Carers**
Time-out and chat for carers

2pm-4pm

- **Everybody Sings!**
Sing your way into the weekend

Last Friday of the month only
12.30pm-2pm

- **Local Area Coordinator Drop In**
Support and advice for all

Saturday

First Saturday of the month only
9am-1pm

- **The Weekend Vegan Café**
Vegan breakfast goodies

Sunday

1pm-4pm

- **Bike Repair Workshop**
Weekly classes and open sessions by Two Wheel Campus

9th August, 12noon-1pm

- **Intro to Bike Maintenance**
Special session for women by Two Wheel Campus

9th August, 2pm-4pm

- **Flourish Group**
Support for those with a loved one struggling with addiction or recovery



Scan me for more
activities and special
one-off events

Fearon Community Centre
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